## CSC321 Lecture 8: Optimization

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### Overview

- We've talked a lot about how to compute gradients. What do we actually do with them?
- Today's lecture: various things that can go wrong in gradient descent, and what to do about them.
- Let's take a break from equations and think intuitively.
- Let's group all the parameters (weights and biases) of our network into a single vector  $\theta$ .

Visualizing gradient descent in one dimension:  $w \leftarrow w - \epsilon \frac{d\mathcal{E}}{dw}$ 



• The regions where gradient descent converges to a particular local minimum are called basins of attraction.

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Visualizing two-dimensional optimization problems is trickier. Surface plots can be hard to interpret:



#### Recall:

- Level sets (or contours): sets of points on which  $\mathcal{E}(\theta)$  is constant
- Gradient: the vector of partial derivatives

$$abla_{oldsymbol{ heta}} \mathcal{E} = rac{\partial \mathcal{E}}{\partial oldsymbol{ heta}} = \left(rac{\partial \mathcal{E}}{\partial heta_1}, rac{\partial \mathcal{E}}{\partial heta_2}
ight)$$

- points in the direction of maximum increase
- orthogonal to the level set
- The gradient descent updates are opposite the gradient direction.

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### Local Minima

- Recall: convex functions don't have local minima. This includes linear regression and logistic regression.
- But neural net training is not convex!
  - Reason: if a function f is convex, then for any set of points x<sub>1</sub>,..., x<sub>N</sub> in its domain ,

$$f(\lambda_1 \mathbf{x}_1 + \cdots + \lambda_N \mathbf{x}_N) \le \lambda_1 f(\mathbf{x}_1) + \cdots + \lambda_N f(\mathbf{x}_N) \text{ for } \lambda_i \ge 0, \sum_i \lambda_i = 1.$$

- Neural nets have a weight space symmetry: we can permute all the hidden units in a given layer and obtain an equivalent solution.
- Suppose we average the parameters for all *K*! permutations. Then we get a degenerate network where all the hidden units are identical.
- If the cost function were convex, this solution would have to be better than the original one, which is ridiculous!
- Even though any multilayer neural net can have local optima, we usually don't worry too much about them.

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## Saddle points



At a saddle point  $\frac{\partial \mathcal{E}}{\partial \theta} = 0$ , even though we are not at a minimum. Some directions curve upwards, and others curve downwards.

When would saddle points be a problem?

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When would saddle points be a problem?

- If we're exactly on the saddle point, then we're stuck.
- If we're slightly to the side, then we can get unstuck.

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## Saddle points

- Suppose you have two hidden units with identical incoming and outgoing weights.
- After a gradient descent update, they will still have identical weights. By induction, they'll always remain identical.
- But if you perturbed them slightly, they can start to move apart.
- Important special case: don't initialize all your weights to zero!
  - Instead, use small random values.

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### Plateaux

A flat region is called a plateau. (Plural: plateaux)



Can you think of examples?

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### Plateaux

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Can you think of examples?

- 0–1 loss
- hard threshold activations
- Iogistic activations & least squares

### Plateaux

 An important example of a plateau is a saturated unit. This is when it is in the flat region of its activation function. Recall the backprop equation for the weight derivative:



- If  $\phi'(z_i)$  is always close to zero, then the weights will get stuck.
- If there is a ReLU unit whose input  $z_i$  is always negative, the weight derivatives will be *exactly* 0. We call this a dead unit.

### Ravines

#### Long, narrow ravines:



Lots of sloshing around the walls, only a small derivative along the slope of the ravine's floor.

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Ravines

• Suppose we have the following dataset for linear regression.



- Which weight, w<sub>1</sub> or w<sub>2</sub>, will receive a larger gradient descent update?
- Which one do you want to receive a larger update?
- Note: the figure vastly understates the narrowness of the ravine!

• Or consider the following dataset:

| $x_1$  | <i>x</i> <sub>2</sub> | t   |
|--------|-----------------------|-----|
| 1003.2 | 1005.1                | 3.3 |
| 1001.1 | 1008.2                | 4.8 |
| 998.3  | 1003.4                | 2.9 |
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• To avoid these problems, it's a good idea to center your inputs to zero mean and unit variance, especially when they're in arbitrary units (feet, seconds, etc.).

$$\tilde{x}_j = \frac{x_j - \mu_j}{\sigma_j}$$

- Hidden units may have non-centered activations, and this is harder to deal with.
  - One trick: replace logistic units (which range from 0 to 1) with tanh units (which range from -1 to 1)
  - A recent method called **batch normalization** explicitly centers each hidden activation. It often speeds up training by 1.5-2x, and it's available in all the major neural net frameworks.

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### Momentum

- Unfortunately, even with these normalization tricks, narrow ravines will be a fact of life. We need algorithms that are able to deal with them.
- Momentum is a simple and highly effective method. Imagine a hockey puck on a frictionless surface (representing the cost function). It will accumulate momentum in the downhill direction:

$$egin{aligned} \mathbf{p} &\leftarrow \mu \mathbf{p} - lpha rac{\partial \mathcal{E}}{\partial oldsymbol{ heta}} \ oldsymbol{ heta} &\leftarrow oldsymbol{ heta} + \mathbf{p} \end{aligned}$$

- $\alpha$  is the learning rate, just like in gradient descent.
- $\mu$  is a damping parameter. It should be slightly less than 1 (e.g. 0.9 or 0.99). Why not exactly 1?

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- $\alpha$  is the learning rate, just like in gradient descent.
- $\mu$  is a damping parameter. It should be slightly less than 1 (e.g. 0.9 or 0.99). Why not exactly 1?
  - If  $\mu=$  1, conservation of energy implies it will never settle down.

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### Momentum

- In the high curvature directions, the gradients cancel each other out, so momentum dampens the oscillations.
- In the low curvature directions, the gradients point in the same direction, allowing the parameters to pick up speed.



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 If the gradient is constant (i.e. the cost surface is a plane), the parameters will reach a terminal velocity of

$$-\frac{\alpha}{1-\mu}\cdot\frac{\partial\mathcal{E}}{\partial\theta}$$

This suggests if you increase  $\mu$ , you should lower  $\alpha$  to compensate.

• Momentum sometimes helps a lot, and almost never hurts.

### Ravines

- Even with momentum and normalization tricks, narrow ravines are still one of the biggest obstacles in optimizing neural networks.
- Empirically, the curvature can be many orders of magnitude larger in some directions than others!
- An area of research known as second-order optimization develops algorithms which explicitly use curvature information (second derivatives), but these are complicated and difficult to scale to large neural nets and large datasets.
- There is an optimization procedure called Adam which uses just a little bit of curvature information and often works much better than gradient descent. It's available in all the major neural net frameworks.

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## Learning Rate

• The learning rate  $\alpha$  is a hyperparameter we need to tune. Here are the things that can go wrong in batch mode:



 $\begin{array}{cccc} \alpha \text{ too small:} & \alpha \text{ too large:} & \alpha \text{ much too large:} \\ \text{slow progress} & \text{oscillations} & \text{instability} \end{array}$ 

 Good values are typically between 0.001 and 0.1. You should do a grid search if you want good performance (i.e. try 0.1, 0.03, 0.01, ...).

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# **Training Curves**

• To diagnose optimization problems, it's useful to look at training curves: plot the training cost as a function of iteration.



iteration #

 Warning: it's very hard to tell from the training curves whether an optimizer has converged. They can reveal major problems, but they can't guarantee convergence.

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• So far, the cost function  $\mathcal{E}$  has been the average loss over the training examples:

$$\mathcal{E}(\boldsymbol{\theta}) = rac{1}{N} \sum_{i=1}^{N} \mathcal{L}^{(i)} = rac{1}{N} \sum_{i=1}^{N} \mathcal{L}(y(\mathbf{x}^{(i)}, \boldsymbol{\theta}), t^{(i)}).$$

• By linearity,

$$rac{\partial \mathcal{E}}{\partial oldsymbol{ heta}} = rac{1}{N}\sum_{i=1}^N rac{\partial \mathcal{L}^{(i)}}{\partial oldsymbol{ heta}}.$$

- Computing the gradient requires summing over *all* of the training examples. This is known as **batch training**.
- Batch training is impractical if you have a large dataset (e.g. millions of training examples)!

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• Stochastic gradient descent (SGD): update the parameters based on the gradient for a single training example:

$$oldsymbol{ heta} \leftarrow oldsymbol{ heta} - lpha rac{\partial \mathcal{L}^{(i)}}{\partial oldsymbol{ heta}}$$

- SGD can make significant progress before it has even looked at all the data!
- Mathematical justification: if you sample a training example at random, the stochastic gradient is an unbiased estimate of the batch gradient:

$$\mathbb{E}\left[\frac{\partial \mathcal{L}^{(i)}}{\partial \boldsymbol{\theta}}\right] = \frac{1}{N} \sum_{i=1}^{N} \frac{\partial \mathcal{L}^{(i)}}{\partial \boldsymbol{\theta}} = \frac{\partial \mathcal{E}}{\partial \boldsymbol{\theta}}.$$

 Problem: if we only look at one training example at a time, we can't exploit efficient vectorized operations.

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- Compromise approach: compute the gradients on a medium-sized set of training examples, called a mini-batch.
- Each entire pass over the dataset is called an epoch.
- Stochastic gradients computed on larger mini-batches have smaller variance:

$$\operatorname{Var}\left[\frac{1}{S}\sum_{i=1}^{S}\frac{\partial \mathcal{L}^{(i)}}{\partial \theta_{j}}\right] = \frac{1}{S^{2}}\operatorname{Var}\left[\sum_{i=1}^{S}\frac{\partial \mathcal{L}^{(i)}}{\partial \theta_{j}}\right] = \frac{1}{S}\operatorname{Var}\left[\frac{\partial \mathcal{L}^{(i)}}{\partial \theta_{j}}\right]$$

- The mini-batch size S is a hyperparameter that needs to be set.
  - Too large: takes more memory to store the activations, and longer to compute each gradient update
  - Too small: can't exploit vectorization
  - A reasonable value might be S = 100.

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 Batch gradient descent moves directly downhill. SGD takes steps in a noisy direction, but moves downhill on average.





batch gradient descent

stochastic gradient descent

# SGD Learning Rate

• In stochastic training, the learning rate also influences the fluctuations due to the stochasticity of the gradients.



- Typical strategy:
  - Use a large learning rate early in training so you can get close to the optimum
  - Gradually decay the learning rate to reduce the fluctuations

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# SGD Learning Rate

• Warning: by reducing the learning rate, you reduce the fluctuations, which can appear to make the loss drop suddenly. But this can come at the expense of long-run performance.



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