# **Facilitating Social Connection for Isolated Seniors**

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#### About the TAGlab:

- Health, well-being, and graceful aging of seniors
- Identify where technology could serve human needs and enable greater inclusion in life and in society
- Design and develop technology that can have a positive impact on the lives of Canadian seniors

Families in Touch (FIT) Project:

- "Social connections have a strong association with increased wellbeing, both physical and emotional." (Edelbrock 2001)
- Goal: To facilitate social connection for isolated seniors through the use of technology
  - design research
  - develop a prototype based on informed design choices

Edelbrock, D., Buys, L., Creasey, H., & Broe, G. A. (2001). Social support, social networks and social isolation; The Sydney older persons study. Australian Journal on Ageing, 20(3).

# Outline

- Background
  - Challenges
  - Context
  - Previous work

### • Our Approach

- Augmenting past work
- Design research study

# Background: Challenges

- Seniors have different needs:
  - Physical decline
  - Cognitive decline
  - Less familiarity with technology

## Background: Context

- Industry partner:
  - 250 locations across North America
  - 30 000 employees
  - Home care, retirement residences, long-term care







## Background: Previous Work

• Picture Frame prototype:







"I'm Thinking of you"

Frame is touched by an isolated person Message is transmitted to family members in picture frame: "I'm Thinking of you"



Message is received by family members through email



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Video message is recorded by a family member





Message is sent back to picture frame



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Frame owner is notified of a new message, which is then played back

## Our Approach

#### 1) Augmenting previous work (Picture Frame):



## Our Approach

#### 1) Augmenting previous work (Picture Frame):



# Our Approach: Design Research

### 2) Design research study:

- **Stakeholders:** patients, their family and friends, their caregivers
- Environments: home care, retirement residences, long-term care facilities
- To identify technology use patterns and communication needs:
  - Observational studies
  - Focus group studies
  - Interview studies

# Our Approach: Design Research

2) Design research – technology workshop:

- Participants: seniors from Revera sites, TAGlab mailing lists
- Explore different interaction possibilities:
  - Different input devices: Kinect, Leap, Wiimote, tablet
  - Perform different scenarios/tasks:
    - input
    - multiple selection
    - searching/browsing
    - voice recording
    - navigating map



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# Our Approach: Design Research

### 2) Design research – NFC:

- Near-field communication another technology
- Allows seniors to interact with **tangible** objects



- Modes of interaction:
  - Place object on a tray
  - Scan an object with a scanner/NFC reader
- Seems feasible for communication with staff members, but difficult for communication between family members

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# Questions?

### **Picture Frame Architecture**



Personal Computer

Cellular Mobile Device

## Tech Demo Architecture



### Leap motion controller

### **Demo link:**

 <u>https://www.youtube.com/watch?feature=player\_embedded&v=3</u> <u>b4w749Tud8</u>

# What is NFC?

- Short-range radio technology that enables communication between devices without direct physical touch
  NFC enabled phone
- Based on RFID (radio frequency identification)
- Open-platform technology
- Communication range is ~4 inches
- 2 devices:
  - A reader/writer:
    - Active device that generates radio signals to communicate w/ tags
  - A tag
    - Passive device containing antenna, small amount of memory, powered by magnetic field



